

# Good Veterinary Workplaces webinar series

## 1. Workload and Flexibility

Complete the diary below, noting down any breaks you took each day and whether you finished work on time.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	NOTES / REFLECTIONS
Did you take a lunchbreak? <input type="radio"/> Yes <input type="radio"/> No	Did you take a lunchbreak? <input type="radio"/> Yes <input type="radio"/> No	Did you take a lunchbreak? <input type="radio"/> Yes <input type="radio"/> No	Did you take a lunchbreak? <input type="radio"/> Yes <input type="radio"/> No	Did you take a lunchbreak? <input type="radio"/> Yes <input type="radio"/> No	Did you take a lunchbreak? <input type="radio"/> Yes <input type="radio"/> No	Did you take a lunchbreak? <input type="radio"/> Yes <input type="radio"/> No	
Did you finish on time? <input type="radio"/> Yes <input type="radio"/> No	Did you finish on time? <input type="radio"/> Yes <input type="radio"/> No	Did you finish on time? <input type="radio"/> Yes <input type="radio"/> No	Did you finish on time? <input type="radio"/> Yes <input type="radio"/> No	Did you finish on time? <input type="radio"/> Yes <input type="radio"/> No	Did you finish on time? <input type="radio"/> Yes <input type="radio"/> No	Did you finish on time? <input type="radio"/> Yes <input type="radio"/> No	

  

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Did you finish on time? <input type="radio"/> Yes <input type="radio"/> No	Did you finish on time? <input type="radio"/> Yes <input type="radio"/> No	Did you finish on time? <input type="radio"/> Yes <input type="radio"/> No	Did you finish on time? <input type="radio"/> Yes <input type="radio"/> No	Did you finish on time? <input type="radio"/> Yes <input type="radio"/> No	Did you finish on time? <input type="radio"/> Yes <input type="radio"/> No	Did you finish on time? <input type="radio"/> Yes <input type="radio"/> No

Take a look at what you have written in your diary over the past two weeks – what are the common themes, habits, what do you notice?

We look forward to welcoming you to our first webinar on Thursday 04 February 2021, where BVA Senior Vice President Daniella Dos Santos will be in conversation with the Head of Training at the VDS Carlyne Crowe, sharing their thoughts on working hours, breaks, flexible working, and delegation in a good veterinary workplace, topics will include:

- Fair and anticipated workload
- Rewarded and recognised overtime
- Regular structured breaks
- Flexible working
- Delegation of work